**CURRICULUM VITAE**

**MARGARET N. LUMLEY**

**PH.D. C.PSYCH.**

**University Address**

Department of Psychology

Clinical Psychology: Applied Developmental Emphasis

University of Guelph

Guelph, ON

N1H 2W1

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**Current Appointment**

July 2013 to current Associate Professor

Department of Psychology

University of Guelph

Guelph, Ontario

July 2007 to July 2013 Assistant Professor

Department of Psychology

University of Guelph

Guelph, Ontario

**Degrees**

|  |  |
| --- | --- |
| 2007 | PhD, Clinical Psychology, Queen’s University |
| 2003 | MA, Clinical Psychology, Queen’s University |
| 2001 | BA, Honours Psychology, University of Waterloo |

**Professional Licensing**

College of Psychologists of Ontario (#10004427)

**Research Grants**

2015 Social Sciences and Humanities Research Council Insight 4A $5,000, Lumley, M. N., Rawana, J. S., & Gonzales-Morales, G. *Forwarding Positive Youth Development*

2013 Grant-in-Aid: Crown Ward Education Championship Team of Waterloo Wellington, $4466, Lumley, M. N., *Understanding the Process of Student Engagement in Crown Wards*

2012 Canada Foundation for Innovation Leader’s Opportunity Fund, $312,000, Lumley, M. N., *Challenging Depression in Canadian Youth: Building Mobile, Online, and Interactive Assessment and Intervention Tools*

2012 Social Sciences and Humanities Research Council Insight Development 4A $5,000, Lumley, M. N and Rawana, J. S.

2009-2012 Ontario Mental Health Foundation New Investigator Fellowship operating grant, $105,000, Lumley, M. N. *Child Psychopathology and Resilience*

2007 University of Guelph Depression Research Start-up Grant, $20,000

 **Awards and Scholarships**

|  |  |
| --- | --- |
| 20132009-20122008 | Distinguished Teacher Award: Department of PsychologyOntario Mental Health Foundation New Investigator FellowThe James Inglis Prize*Highest Standing in Clinical Psychology PhD,**Department of Psychology, Queen’s University* |
| 2005 | Ken Bowers Student Research Award: *Second Place* *Clinical Section, Canadian Psychological Association*  |
| 2004-2007 | Social Sciences and Humanities Research Council of Canada - Canada Graduate Scholarship (SSHRC-CGS) |
| 2003-2004 | Ontario Graduate Scholarship |
| 2003 | CPA Masters Thesis Award |
| 2001-2003 | Queen’s Graduate Award |
| 2001-2003 | Natural Sciences and Engineering Research Council of Canada (NSERC) PGS-A |
| 2001 | Distinguished Psychology Graduate *Highest Standing Psychology Undergraduate, University of Waterloo* |
| 2000 | Natural Sciences and Engineering Research Council of Canada (NSERC) Undergraduate Research Award |
| 2000 | R.H. Walters Psychology Memorial Award |

**Publications**

**Journal Articles**

\*denotes Dr. Lumley’s graduate or undergraduate student

Lumley, M. N. & \*McArthur, B. (in press). Protection from depression following emotional maltreatment: the unique roll of positive schemas. *International Journal of Cognitive Therapy*.

\*Lerman, B., Lewis, S. P. & Lumley. M. N., \*Grogan, G. J., \*Hudson, C. C., & \*Johnson, E. (in press). *Teen depression groups on Facebook: A content analysis. Journal of Research on Adolescence.*

\*Boughton, K. L., Bailey, H. N., & Lumley, M. N. (in press). Parents’ parenting awareness and depressive symptoms in treatment-referred youth. *Canadian Journal of Counselling and Psychotherapy.*

\*Tomlinson, R. M., \*Keyfitz, L., Rawana, J. S., Lumley, M.N. (in press). Unique contributions of positive schemas for understanding child and adolescent life satisfaction and subjective happiness. *Journal of Happiness Studies.*

Lumley, M.N., & Mancini, B. (2016). Revising links between student mental health services and academe: A for-credit course for students with mental health challenges. *Communique, Canadian Association of Colleges and Universities Student Support Services (CACUSS), 17* (1), 23-25.

\*Shiffman, M., VanderLaan, D. P., Wood, H., Hughes, S. K., Owen-Anderson, A., Lumley, M.N., Lollis, S. P., Zucker, K. J. (2016). Behavioral and emotional problems as a function of peer relationships in adolescents with gender dysphoria: A comparison with clinical and nonclinical controls. *Psychology of Sexual Orientation and Gender Diversity, 3* (1), 27-36.

\*Friedmann, J., Lumley, M. N. & \*Lerman, B. L. (2016). Cognitive schemas as longitudinal predictors of self-reported adolescent depressive symptoms and resilience. *Cognitive Behaviour Therapy, 45*(1), 32-48.

Lewis, S. L., Lumley, M. N., & \*Grunberg, P. (2015). Early maladaptive schemas and non-suicidal self-injury among young adults: A preliminary investigation. *International Journal of Cognitive Therapy, 28*(4), 386-402.

McLean, H. L., Bailey, H. N., & Lumley, M. N. (2014). The secure-base script: Association with early maladaptive schemas related to attachment. *Psychology and* *Psychotherapy: Research and Practice,* 87(4), 425-46.DOI:10.IIII/papt.12025

\*Keyfitz, L., Lumley, M. N., Hennig, K. H. & Dozois, D. J. A. (2013). Development of a positive schema inventory for youth. *Cognitive Therapy and Research*, *37*(1), 97-108. DOI: 10.1007/s10608-012-9455-6.

Lumley, M. N., Dozois, D. J. A., Hennig, K. H., & \*Marsh A. L. (2012) Perceptions of parenting, cognitive organization, and depression symptoms in youth. *Cognitive Therapy & Research, 36*(1), 300-310, DOI 10.1007/s10608-011-9365-z.

\*McCarthy, M. & Lumley, M. N. (2012) Sources of emotional maltreatment and the differential development of unconditional and conditional schemas. *Cognitive Behaviour Therapy*, *41*(4), 288-297, DOI:10.1080/16506073.2012.676669.

\*Boughton, K., & Lumley, M. N. (2011). Disparate reports of child emotional functioning: The role of parental responsiveness and control. *Depression Research and Treatment*. Advance online publication DOI 10.1155/2012/375398.

Lumley, M. N., & Harkness, K. L. (2009). Childhood maltreatment and depressotypic

cognitive organization. *Cognitive Therapy and Research*, *33*(5), 511-522.

Harkness, K. L., Lumley, M. N., & Truss, A. E. (2008). Stress generation in adolescent depression: The moderating role of child abuse and neglect. *Journal of Abnormal Child Psychology*, *36*(3) 421-432.

Lumley, M. N., & Harkness, K. L. (2007). Specificity in the relations among childhood adversities, early maladaptive schemas, and symptom profiles in adolescent depression. *Cognitive Therapy and Research*, *31*, 639-657.

Harkness, K. L., Bruce, A. E., & Lumley, M.N. (2006). The role of childhood abuse and neglect in the sensitization to stressful life events in adolescent depression. *Journal of Abnormal Psychology*, *115*, 730-741.

Harkness, K. L., & Lumley, M. N. (2007). Child abuse and neglect and the development of depression in children and adolescents. In J. R. Z. Abela & B. L. Hankin (Eds.) *Depression in Children and Adolescents* (pp 466-488). New York: Guilford.

**Papers Under Review or In Revision**

Gruman, J., Lumley, M.N., & Gonzales-Morales G. (revised and resubmitted). Incorporating balance: challenges and opportunities for positive psychology.
Canadian Psychology/Psychologie Canadienne

\*Newcomb-Anjo, S., \*McArthur, B., & Lumley, M.N. (under review). Brief Report: Understanding Distal and Proximal Relational Underpinnings of Positive Schemas in Emerging Adulthood. Journal of Adolescence.

\*McArthur, B.A., \*Cherry, K.M., & Lumley, M.N. (under review) Positive parenting and functioning for youth with bipolar spectrum disorder. Canadian Academy of Child and Adolescent Psychiatry.

\*Bowers, H., Morrongiello, B., Maitland, S., \*McArthur, B. M., & Lumley, M. (under review). Positive schemas as a mediator between parenting context and life satisfaction among university students with and without a mental health diagnosis. Emerging Adulthood

**Conference Papers**

Lumley, M.N. (2016, June). Psychology 1400: Mental health and well-being for-credit course for students with mental illness (M. Lumley Chair). Positive Mental Health Among Youth with Mental Illness: Understanding to Intervention. Presented at the 3rd Canadian Conference on Positive Psychology, Niagara-on-the-Lake, Ontario.

Bowers, H, Morrongiello, B., Maitland, S., & Lumley, M. (2016). The Role of Parental Relationships and Positive Schemas amongst University Students with and without a Mental Illness (M. Lumley Chair). Positive Mental Health Among Youth with Mental Illness: Understanding to Intervention. Presented at the 3rd Canadian Conference on Positive Psychology, Niagara-on-the-Lake, Ontario.

McArthur, B. & Lumley, M.N.  (June, 2016). Exploring Positive Outcomes for Youth with Bipolar Spectrum Disorder (M. Lumley Chair). Positive Mental Health Among Youth with Mental Illness: Understanding to Intervention. Presented at the 3rd Canadian Conference on Positive Psychology, Niagara-on-the-Lake, Ontario.

Friedmann, J. S., Lumley, M. N., & Lerman, B. (2015, June). Cognitive schemas as longitudinal predictors of self-reported adolescent depressive symptoms. In A multi-modal examination of cognitive vulnerability in the development and maintenance of depression. Symposium conducted at the Canadian Psychological Association, Ottawa, ON.

Lumley, M. N. & \*McArthur, B. (2014, May). *Protection against depression following emotional maltreatment (E. Barker Chair). Predictors of Academic Success and Mental Health Among Canadian University Students*. Paper delivered at Development, Ottawa.

Lumley, M. N. (2012, June). *Positive schema structure and emotional functioning in early adolescence.*  *Promoting Positive Relationships, Emotional Functioning and School Engagement Amongst Youth* (M.N. Lumley Chair). Paper delivered at the Canadian Association of Positive Psychology, Toronto, ON.

\*Boughton, K. L. & Lumley, M. N. (2012, June). *Perspectives on parenting and youth emotional resilience. Promoting Positive Relationships, Emotional Functioning and School Engagement Amongst Youth* (M.N. Lumley Chair). Paper delivered at the Canadian Association of Positive Psychology, Toronto, ON.

\*Fanourgiakis, S., Lumley, M. N., & Bailey, H. N. (2012, June). *Showing up: School engagement in an alternative high school. Promoting Positive Relationships, Emotional Functioning and School Engagement Amongst Youth* (M.N. Lumley Chair). Paper delivered at the Canadian Association of Positive Psychology, Toronto, ON.

\*Keyfitz, L., Lumley, M. N., Hennig, K. H., (2011, November). *Validation of a positive schema inventory in young adult sample*. Paper delivered at Association for Cognitive and Behavioural Therapies, Toronto, ON.

\*Keyfitz, L., Lumley, M. N., Hennig, K. H., & Dozois, D. J. A. (2011, June). *The role of positive schemas in childhood depression and anxiety.* Paper presented at the Canadian Psychological Association Convention, Toronto, Ontario.

Lumley, M. N., Dozois, D. J. A., & Hennig, K. H. (2011, June). *Perceptions of parenting, cognitive organization and early adolescent mood*. Paper presented at Canadian Psychological Association Convention, Toronto, Ontario.

Lumley, M. N., Dozois, D. J. A., & Hennig, K. (2010). *Parent perceptions, cognitive organization and depression symptoms in preadolescence*. Paper presented at the triennial meeting of the World Congress of Cognitive and Behavior Therapy, Boston, MA, June 2-5.

Lumley, M. N. (2009). *Childhood maltreatment and depressotypic cognitive organization*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, ON, August 6 – 9.

**Conference Posters**

Bowers, H,McArthur, B.A., Lumley, M. (2017). Changes in the Relation between Parental Relationships, Positive Schemas, and Life Satisfaction across Development in University Students. *Submitted to the 2017 Society for Research on Child Development Biennial Meeting.*

Carlson, E., Lumley, M., & Rawana, E. (2016). *Empowerment and education: Individual strengths and the prediction of school engagement among Indigenous youth*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.

Lumley, M. N., & Mancini, B. (2016, April). *Building mental health while struggling with mental illness on campus: The evaluation of a for-credit university course*. Poster presented at the Society for Research on Adolescence Biennial Meeting, Baltimore, Maryland.

Bowers, H., Lumley, M.,N., McArthur, B.A., Newcomb-Anjo, S., Keyfitz, L., & Boughton, K. (2016, March). *The role of parental relationships and positive schemas in the transition to university*. Poster presented at the Society for Research in Adolescence Biennial Meeting, Baltimore, Maryland.

McArthur, B., & Lumley, M.N. (March, 2016). Positive Characteristics of Youth with Bipolar Spectrum Disorder:  A Qualitative Analysis. Poster presented at the Society for Research on Adolescence (SRA) Biennial Meeting, Baltimore, Maryland.

Boughton, K.L. & Lumley, M. N. (2016, April). *Do positive schemas moderate the relation between parenting and youth well-being?* Poster presented at the Society for Research on Adolescence Biennial Meeting, Baltimore, Maryland.

Cherry, K. M., Rawana, J. S., & Lumley, M. N. (2016, June). *Strengths, education, and well-being*. Poster session presented at the meeting of the 3rd Canadian Conference on Positive Psychology, Niagara-on-the-Lake, ON

Boughton, K. L. & Lumley, M. N. (2015, June). *Making the transition: Parent relationships and wellbeing in first year university students with mental health difficulties*. Poster presented at the Canadian Psychological Association’s 76th Annual Convention, Ottawa, Ontario.

Bowers H, Lumley M, McArthur BA, & Newcomb-Anjo, S. (2015, February). *Contribution of Parental Factors in Students’ Happiness and Life Satisfaction.* Presented at the 2015 Ontario Psychological Association Conference, Toronto, Ontario.

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\*Fanourgiakis, S. & Lumley, M. N. (2014, June). *Translating resilience and positive self-beliefs into student engagement.* Poster presented at Canadian Psychological Association, Vancouver, B.C.

\*McArthur, B., Lumley, M. N., & Braimoh, G. (2014, May). *Examining the association between family environment and general functioning for youth with Bipolar Spectrum Disorder*. Poster presented at Development 2014, Ottawa, Ontario.

\*Boughton, K. L., & Lumley, M. N. (2014, May). *The Influence of parenting on*

 *schemas in early adolescents.* Poster presented at Development

 Ottawa, Ontario.

\*Tomlinson, R. M., Lumley, M. N., \*Keyfitz, L. & Rawana, J. S. (2014, March). *The power of positive schemas: relations between positive schema themes and adolescent well-being.* Poster presented at the Society for Research in Adolescence 15th Biennial Meeting, Austin, Texas.

\*Boughton, K. L., & Lumley, M. N. (2013, June). *The association between*

 *parent awareness and resilience in treatment-referred youth.* Poster

 presented at the Canadian Psychological Association’s 74nd Annual

 Convention, Quebec City, QC.

\*Strating, M. & Lumley, M. N. (2013, June). *Faith and cultural strengths in adolescent depression: The role of resilience*. Presented at the Canadian Psychological Association. Quebec City, QC.

\*Lerman, B., Lewis, S. P. & Lumley. M. N. (2013, June). *Teen depression groups on facebook: A content analysis.* Presented at the Canadian Psychological Association. Quebec City, QC.

\*Friedmann, J. S., Lumley, M. N., & \*Lerman, B. (2013, June). *Positive cognitive schemas as longitudinal predictors of early adolescent depression*. Presented at the Canadian Psychological Association. Quebec City, QC.

Lumley, M. N., Dozois, D.J.A. & \*Keyfitz, L. (2013, April). *The role of positive versus negative self-schemas in adolescent depression.* Poster presented at the Society for Research in Child Development, Seattle, Washington.

\*Tomlinson, R., Lumley, M. N., & Rawana, J. S. (2013, April). *The role of positive cognitive schemas in the well-being of youth*. Poster presented at the Society for Research in Child Development, Seattle, Washington.

\*Boughton, K. L., Lumley, M. N., & Bailey, H. N. (2013, April). *Different perspectives of parenting and their associations with depression symptoms in treatment-referred youth.* Poster presented at the Society for Research in Child Development, Seattle, Washington.

Rawana, J. S., Nguyen, H. N. T., & Lumley, M. N. (2012, August). *Interprofessional practice: Associations between personal strengths and school engagement among youth.* Poster presented at the annual meeting of the American Psychological Association, Orlando, Florida.

\*Tomlinson, R. M. & Lumley, M. N. (2012, June). *Cognitive schemas, depression, and resilience in youth: A focus on the positive.*Poster presented at Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia.

\*Boughton, K. L., & Lumley, M. N. (2011, November). *Disparate perceptions of
negative affect and emotional resilience: The role of parenting style when
parents and children disagree*. Poster presented at the Association for Behavioural and Cognitive Therapies 45th Annual Convention, Toronto, Ontario.

\*Boughton, K. L, & Lumley, M. N. (2011, June). *Do Parenting Behaviours
Predict Children’s Emotional Wellbeing Beyond Parent Reports?* Poster
presented at the Canadian Psychological Association’s 72nd Annual
Convention, Toronto, Ontario.

\*Keyfitz, L., Lumley, M. N., Hennig, K. H., (2011, November). *Validation of Positive Schema Inventory in young adult sample*. Paper to be presented at Association for Cognitive and Behavioural Therapies, Toronto, ON.

 \*Keyfitz, L., Lumley, M. N., Hennig, K. H., & Dozois, D. J. A. (2011, June). *The role of positive schemas in childhood depression and anxiety*. Paper presented at the Canadian Psychological Association Convention, Toronto, Ontario.

\*Keyfitz, L., Lumley, M. N., Hennig, K. H., & Dozois, D. J. A. (2011, May). *Childhood resilience: The role of positive and negative schemas*. Poster presentation at the Canadian Association of Cognitive and Behavioural Therapies,Toronto, Ontario.

Lumley, M. N., Dozois, D. J. A., & Hennig, K. H. (2011, June). *Perceptions of parenting, cognitive organization and early adolescent mood.* Paper presented at Canadian Psychological Association Convention, Toronto, Ontario.

\*McCarthy, M. C. & Lumley, M. N. (2011, May). *Parental, peer, and intimate partner maltreatment in the differential development of unconditional and conditional schemas*. Poster presentation at the Canadian Association of Cognitive and Behavioural Therapies,Toronto, Ontario.

\*McCarthy, M. C. & Lumley, M. N. (2011, June). *Other maltreatment in the differential development of unconditional and conditional schemas*. Poster presentation at the Canadian Psychological Association Convention, Toronto, Ontario.

\*Boughton, K. L., & Lumley, M. N. (2010, May).  *Parent-child discrepancy in
reporting mood: The role of child’s perception of parental responsiveness
and control.*  Poster presented at the Development 2010 Canadian Conference
on Developmental Psychology, Ottawa, Ontario.

\*Keyfitz, L., Lumley, M. N., Hennig, K. H., & Dozois, D. J. A. (2010, June). *The development of a Positive Schema Inventory*. Poster presentation at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Lumley, M. N., Dozois, D. J. A., & Hennig, K. H. (2010, June). *Parent perceptions, cognitive organization and depression symptoms in preadolescence.* Paper presented at the triennial meeting of the World Congress of Cognitive and Behavior Therapy, Boston, MA.

\*Marsh, A. L., Lumley, M. N., Bailey, H. N., & Dozois, D. J. A. (2010). *Direct and indirect measurement: A comprehensive analysis of preadolescent cognitive schemas.* Poster presented at the World Congress of Cognitive Behavior Therapy, Boston, MA.

Lumley, M. N. (2009, August). *Childhood maltreatment and depressotypic cognitive organization.* Paper presented at the Annual Meeting of the American Psychological Association, Toronto, ON.

Lumley, M. N. (2008, June). *Specificity of childhood maltreatment and depressotypic*

*organization in young adults*. Poster presented at the Canadian Psychological Association Convention, Halifax, Nova Scotia

Lumley, M. N., & Harkness, K. L. (2007, June). *Childhood maltreatment, cognitive organization,and depression*. Poster presented at the Canadian Psychological Association Convention, Ottawa, Ontario.

Lumley, M. N., Harkness, K. L., & Bruce, A. E. (2007, March). *Childhood maltreatment and stress sensitization in adolescent depression.* Poster presented at the Society for Research in Child Development convention, Boston, Massachusetts.

Lumley, M. N., & Harkness, K. L. (2006, June). *Evaluating the psychometric properties of the Young Schema Questionnaire in an adolescent sample*. Poster presented at the Canadian Psychological Association Convention, Calgary, Alberta.

Harkness, K. L., Bruce, A. E., & Lumley, M. N. (2005, October). *Childhood Adversity and the Sensitization to Stressful Life Events in Adolescent Depression*. Poster presented at the Society for Research in Psychopathology Annual Conference,

Miami, Florida.

Lumley, M. N., & Harkness, K. L. (2004, June). *History of physical abuse and anxious symptomexpression in adolescent depression: The role of cognitive mediation.* Poster presented at the Canadian Psychological Association Convention, St. John’s, Newfoundland.

Lumley, M. N. & Harkness, K. L. (2003, June). Schema specificity in adolescent depression. Poster presented at the Canadian Psychological Association Convention, Hamilton, Ontario.

Lumley, M. N. & Harkness, K. L. (2003, October). *Childhood adversity, early maladaptive schemas, and anxious versus anhedonic symptom severity in Adolescent Depression.* Poster presented at the Society for Research in Psychopathology Conference, Toronto, Ontario.

**Scientific Reports**

Boughton, K. L., Lumley, M. N. & Fanourgiakis, S. (2015). PSYC\*1400 Mental Health and Wellbeing Seminar Program Evaluation: Initial Report. Report prepared for and submitted to Student Accessibility Services at the University of Guelph.

Lumley, M. N., & Rawana, J. S. (2014). *Strengths in motion: Executive summary and research report. Report delivered to* Wellington Catholic District School Board Posted on strengthsineducation.ca website.

Lumley, M. N., & Mancini, B. (2014) *First year mental health course: University of Guelph*

*interim report.* Delivered to Ministry of Education of Government of Ontario.

Lumley, M. N., Fanourgiakis, S., Regis, C., & Taylor, P. (2014). *Consulting with upper year students regarding mental health on campus and new mental health course.* Report Delivered to Student Affairs, University of Guelph.

Fanourgiakis, S., & Lumley, M. N. (2014). *Strengths-based education in an alternative setting: An examination of student engagement and academic achievement at St. John Bosco*. *Report delivered to* Wellington Catholic District School Board Posted on strengthsineducation.ca website.

**Media Articles**

Fanourgiakis, F., & Lumley, M. N. (2012). A positive psychology approach to education for at-risk high school youth. *Psynopsis*, the magazine of the Canadian Psychological Association.

**Invited Talks**

Lumley, M. N., Friedmann, J., & Tersigni-McCuen, M. (2016, April) *Strengths in Education*. Invited talk delivered at parent conference held by the Wellington Catholic District School Board.

Lumley, M. N. & Mancini, B. (2016, April). *Promising Practices for Successful Student Transitions*. “Ask the Experts” Webinar delivered for Centre for Innovation in Campus Mental Health.

Lumley, M. N. (2014, June). *Strengths in Motion*. Invited talk delivered to teachers and administrators in the Wellington Catholic District School Board.

Lumley, M. N. (2014, May). *Strengths and Wellbeing Among Youth*. Invited talk delivered to parents at a Wellbeing Night within the Wellington Catholic District School Board.

Lumley, M. N. (2014, March). *Promoting Positive Mental Health Among Youth*. Invited talk delivered to parent council at St. James Catholic School in the Wellington Catholic District School Board.

Lumley, M. N. (2014, February). *Promoting Positive Mental Health Among Youth*. Invited talk delivered to teachers and administrators in the Wellington Catholic District School Board.

Lumley, M. N. (2013, March). *Positive Schemas and Adolescent Depression*. Invited talk, University of Western Ontario, London, Ontario.

Lumley, M. N. & Rawana, J. (2012, May). *Strengths in motion: Report on student strengths and engagement in area high schools.* Invited talk delivered to school staff and administration from Wellington Catholic District School Board in Guelph, Ontario.

Lumley, M. N. (2011, December). *Strengths in motion: Report on school-level strengths from 2011*. Invited talk delivered to school staff and administration from Wellington Catholic District School Board in Guelph, Ontario.

Lumley, M. N., & \*Fanourgiakis, S. (2011, June). *Positive self-beliefs, teacher-student relationships and school engagement in an alternative school setting.* Invited talk delivered to school staff and administration from St. John Bosco alternative high school, Guelph, Ontario.

Lumley, M. N. (2008, February). *Childhood maltreatment and adolescent depression*. Invited lecture for Extended Learning Opportunities community group, Erin, Ontario.

Lumley, M. N. (2007, November). *Risk and resilience for adolescent mood disorder*. Invited talk, University of Western Ontario, London, Ontario.

**Workshops Delivered**

 Lumley, M.N. & Carney, P. (2016, June). *Positive psychology in the school context: From resilience to flourishing.* Workshop presented at the annual Canadian Psychological Association, Victoria, B.C.

Carney, P., Caverzan-Wells, J., Graham-Clay, S., Lumley, M.N., & Clinton, E. (2016, March). *Resilient, Active, & Flourishing.* Workshop presented at the Summit for Children and Youth Mental Health, Toronto, ON.

Lumley, M. N., \*Fanourgiakis, S., Clinton, E. & Della Croce R. (2014, June). *Embracing positive psychology approaches for youth with complex challenges*. Workshop delivered at the annual meeting of the Canadian Psychological Association, Vancouver, B.C.

Lumley, M. N., (2013, December). *Strengths, wellbeing, and school success*. Full day workshop delivered to administrators and staff from the Wellington Catholic District School Board and Peel Catholic School Board in Guelph, ON.

Lumley, M. N. (2012, December). *Positive psychology and wellbeing in youth education*. Full day workshop delivered to secondary school staff from the Wellington Catholic District School Board in Guelph, Ontario.

Lumley, M. N., & Tomlinson, R. (2011, December). *Finding and using your personal strengths*. Workshop delivered to high school students from Wellington Catholic District School Board, Guelph, Ontario.

**TEACHING**

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| --- | --- | --- |
| **Level** | **Title of Course** | **Number of Times taught** |
| Doctoral | Models of PsychotherapyPracticum II/III | 44 |
| Masters | Child PsychopathologyPracticum I | 11 |
| Undergraduate | Abnormal Development | 7 |
|  | Clinical Psychology Seminar | 2 |

**Thesis / Project Advisor**

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| --- | --- | --- | --- |
| **Name** | **Program** | **Title** | **Status** |
|
| Brae McArthur | PhD 2009-2014 | Exploring Positive Outcomes for Children with Bipolar Spectrum Disorder | Completed |
| Marc Shiffman | PhD 2008- 2013 | Peer Relations of Adolescents with Gender Identity Disorder | Completed |
| Lindsey Keyfitz | PhD 2010- | Incorporating Positive Constructs into Cognitive Models of Risk, Resilience, and Well-being | In progress |
| Sophia Fanourgiakis  | PhD 2012- | Exploring Psychological Underpinnings of Student Engagement in At-Risk Youth Attending Alternative High School | In progress |
| Kristy Boughton  | PhD 2013- | Making the Transition: Experiences of First Year Students and their Parents | In progress |
| Jordan Friedmann | PhD 2014- | TBA | In progress |
| Hayley Bowers | PhD 2015-  | TBA | In progress |
| Katie Cherry | MA 2015- | TBA | In Progress |
| Elizabeth Carlson | MA 2014-2016 | Empowerment and Education: Individual Strengths and the Prediction of School Engagement among Indigenous Youth | Completed |
| Hayley Bowers | MA 2013-2015 | The Difference of Mental Health Status in the Relation between Parental Context and Life Satisfaction in University Students and the Potential Role of Positive Schemas as a Mechanism behind this Relationship | Completed |
| Jordan Friedmann | MA 2011-2013 | Cognitive Schemas as Longitudinal Predictors of Early Adolescent Mood and Resilient Thinking | Completed |
| Sophia Fanourgiakis | MA2010-2012 | Exploring Student Engagement, Attachment Relationships, and Positive Self-Concept in Adolescents Attending an Alternative High School | Completed |
| Kristy Boughton | MA2010-2012 | Considering Different Perspectives of Parenting and their Associations with Depression Symptoms and Emotional Resilience in Treatment-Referred Youth | Completed |
| Lindsey Keyfitz | MA2008-2010 | The Role of Positive Schemas in Child Psychopathology and Resilience | Completed |
| Ashley Marsh | MA2008-2010 | Direct and Indirect Measurement: Exploring Cognitive Risk for Depression | Completed |

**Advisory Committee Member:**

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| --- | --- | --- |
| **Student** | **Status** | **Program** |
| **In progress** | **Completed** |
| Lianne English (PhD)  |  | X | Psychology |
| Priscilla Burnham (PhD)  |  | X | FRAN |
| Sarah Rasmi (PhD)  |  | X | Psychology |
| Jill St. Denis (MA)Alison Blakely (PhD)  |  | XX | PsychologyPsychology |
| Jill St. Denis (PhD)  |  | X | Psychology |
| Stephanie Deveau (PhD)  |  | X | Psychology |
| Julia Stewart (MA)  | X |  | Psychology |
| Pamela Taylor (PhD) | X |  | Psychology |
| Elyse Reim (PhD) | X |  | Psychology |
| Rachel Tomlinson (MA) |  | X | Psychology |

**Other Graduate-related Activities:**

**Chair of Thesis Defense:**

Stacey Schell (MA)

Sarah Schmidt (MA)

Shaina Rosenrot (MA)

Nora Klemencic (PhD)

Carole Anne Hendry (PhD)

Julia Stewart (MA)

Lila McCormick (PhD)

Stacey Schell (PhD)

**Undergraduate Honour’s Thesis Students:**

Gregory Grogan completed 2013

Michael Strating completed 2013

Ian Richardson completed 2012

Molly McCarthy completed 2010

Kristy Boughton completed 2010

Rachel Hohenadel completed 2009

Amy Clarke completed 2009

**SERVICE ROLES**

|  |  |
| --- | --- |
| 20152014 to January 20152014 to current2013 to current2014 2011 to current | **University of Guelph**Board Member: Canadian Positive Psychology AssociationChair Student Mental Health Awareness and Self-Management Subcommittee Faculty Representative Student Mental Health & Well Being CommitteeDepartment Distinguished Speaker Series CoordinatorMember Chair Search Committee Department of PsychologyClinical Development Coordinator, Clinical Program |
| 2009 to 2010 | Undergraduate Curriculum Committee |
| 2008 to 2009 | Supervision Working group |
| 2008 to 2009 | Fast-tracking Working group |
| 2008 2007 to 2008 | Hiring Committee, Industrial Organization PsychologyDiversity Committee, Admissions |
| 2003-2005 | **Queen’s University**Clinical Representative, Psychology Graduate Program, Queen’s University |

**Recent Clinical Roles**

|  |  |
| --- | --- |
| September 2011 to January 20152009 to currentJune 2009 to September 2014 July 2009 to August 2010November 2007 to June 2009 | Clinical Development Coordinator: University of Guelph (Student Supervision), Guelph, ON.Clinical Supervision, Centre for Psychological Services, University of GuelphPrivate Practice, Guelph, ON. Consulting Psychologist: Trellis Mental Health and Developmental Services, Guelph, ONPsychologist (Supervised Practice): Trellis Mental Health and Developmental Services, Guelph, ON |
| September 2006 to August 2007 | Predoctoral Intern: Queen’s University Clinic and Regional Assessment Centre, Kingston |

**Clinical Workshops Attended**

2014, *Non-Suicidal Self-Injury* (1 day workshop) Dr. Stephen Lewis

2013, *Positive Cognitive Behaviour Therapy* (1 day workshop), Dr. Fredrike Bannik

2012, *Trauma-Based Emotion Focused Therapy* (2 day workshop) Dr. Sandra Paivio

2009, *Introduction to Clinical Supervision*, Dr. Adrienne Perry, York University.

2008, *Trauma-Focused Cognitive Behavior Therapy* (2 day workshop), Dr. Anthony Mannarino and Dr. Judith Cohen

2008, *Working with Children with Histories of Child Abuse* (2 day workshop) Dr. John Pierce, Children’s Hospital, Calgary AB.

2007, *Dyadic Interpersonal Psychotherapy for Maltreated Children* (1 day worksop) Dr. Daniel Hughes

2005, *Integrative Treatment of Complex Trauma* (2 day workshop) Dr. John Briere

2005, *Psychotherapy for Maltreated Children* (2 day workshop) Dr. Daniel Hughes

2004, *Assessment of Children with Trauma – Attachment Disorders*, Dr. Art Becker-Wideman

**Other Professional Activities and Affiliations**

**Ad Hoc Manuscript Reviewer:**

Adolescence, Canadian Journal of Behavioural Science, Child Abuse and Neglect, Cognitive Therapy and Research, Cognitive Behaviour Therapy, Clinical Psychology and Psychotherapy, Journal of Abnormal Psychology, Journal of Abnormal Child Psychology, Social Science and Medicine

**Grant Reviewer:**

Social Sciences and Humanities Research Council of Canada

Ontario Mental Health Foundation, Panel Reviewer of Type A grants, January 2014.

**Affiliations:**

Canadian Positive Psychology Association

Canadian Association of Cognitive Behaviour Therapy

Canadian Psychological Association

Society for Research in Child Development